



Wollaston Health & Wellbeing Group

(An initiative of St Mary's Church, Wollaston)

Dementia means 'deprived of mind' and is an increasing occurrence in an ageing population. However it is not a forgone conclusion that you will get dementia and this practical, informative session will look at ways of taking effective steps to help reduce the risk and tips to help support those you know with this distressing condition.

Thursday 19th October 2017

2.00 pm to 4.00 pm

Dementia Awareness

by Sarah Hughes from The Alzheimer's Society

to be held at

St Mary's Church, Wollaston

For further information contact Nigel Scott (Tel.: 01933 664043)
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